

Chlorthalidone

Apo makes the only manufactured chlorthalidone. ^{1,2}

If patient is on atenolol, consider combination product (Tenoretic / generics) if strengths of individual drugs are that of the combination.

Thiazide Diuretic Dosing ^{3,4,5}				
	Hypertension		Edema	
	Initial	Usual	Initial	Usual
Hydrochlorothiazide ^{3,4,5}	12.5 mg once daily	12.5 – 25 mg (some references suggest up to 50 mg)	25-100 mg in 1-3 doses	25-100 mg in 1-3 doses up to max 200 mg in 1-3 divided doses
Chlorthalidone ^{3,4,5}	12.5 mg once daily	12.5 – 25 mg (some references suggest up to 50 mg)	25-100 mg in 1-3 doses	25-100 mg in 1-3 doses up to max 200 mg in 1-3 divided doses
Indapamide*	1.25 mg once daily	1.25 mg (esp.elderly) – 2.5 mg once daily	2.5 mg once daily	2.5 – 5 mg once daily
Metolazone ^{†, ‡}	1.25 mg once daily	2.5 – 5 mg once daily		HF: 5-10 mg once daily Renal: 5-20 mg once daily

*Not approved for edema, but is sometimes used for edema associated with heart failure⁵

† Not technically a thiazide, but has thiazide-like properties⁶

‡Not generally used for hypertension⁶

HF = heart failure

References:

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3. Regier L, Jensen B. Thiazide like diuretics. RxFiles drug comparison charts. 8th ed. Saskatoon, SK: Saskatoon Health Region; 2010. p.5. Available from: www.RxFiles.ca Accessed 2010 Nov 3.
4. Jin M, Jensen B, Regier L. Heart failure – drug and dosage considerations. RxFiles drug comparison charts. 8th ed. Saskatoon, SK: Saskatoon Health Region; 2010. p.13. Available from: www.RxFiles.ca Accessed 2010 Nov 3.
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6. e-CPS [Internet]. Ottawa (ON): Canadian Pharmacists Association; c2010 [updated 2010 Apr 1; cited 2010 Jul 30]. Zaroxolyn [product monograph]. Available from: <http://www.e-cps.ca>. Also available in paper copy from the publisher.