DIAPER DERMATITIS

Are any of the following true?
- Family history eczema, psoriasis, allergies
- Immunocompromised
- Recent contact with similar rash

YES

Consider alternate condition; OR,
- Refer

NO

Symptom Assessment
Are any of the following true?
- Acute onset with pus, vesicles or ulceration
- Moderate or severe presentation
- Systemic signs or symptoms
- Chronic diaper dermatitis (eg. no rash free period)
- Secondary infection or UTI
- Disruption of sleep and behaviour
- Duration longer than 14 days

YES

REFER

NO

Typical candidal dermatitis symptoms
- Rash first noticed in creases ± folds
- Beefy red plaques
- Satellite papules
- Superficial pustules at margins of inflamed areas
- Crying during diaper changes, when urinating or defecating
- Rash present for > 3 days

± previous diagnosis of candida diaper dermatitis

NO

Irritant dermatitis symptoms
- Dusky red, shiny rash
- Rash on buttocks, pubic skin
- No involvement of creases, folds

± previous diagnosis of irritant diaper dermatitis

NO

Rash also present outside of diaper area
- Symptoms inconsistent with candidal or irritant dermatitis

YES

Change diapering practices; and,
- Barrier creams/ointments; and,
- Hydrocortisone 0.5% to 1% BID for 7 days IF infant bothered by rash

Follow up in 7 days

Resolved?
- Continue prevention strategies indefinitely

Improving?
- Continue treatment for another 7 days. If not resolved after additional 7 days, refer to MD.

No improvement or worsening?
- REFER