Erectile Dysfunction

**Physician diagnosis +/- previous treatment for erectile dysfunction**

- **NO**
  - **YES**
    - Patient assessment
      - S/Sx erectile dysfunction: Inability to achieve & maintain erection sufficient for satisfactory intercourse 75% of attempts for at least 3 months

  - **REFER FOR MEDICAL ASSESSMENT**
    - Less than 18 years old
    - Unstable/untreated medical condition (CVD, diabetes, neurologic, psychiatric, etc)
    - Nitrate use (e.g., nitroglycerin oral, spray, patches, isosorbide mononitrate/dinitrate)

    - On medications which could cause/contribute to ED (see guideline for list)

    - Initiation or dose increase correlates with emergence of ED symptoms

    - Follow-up after 1st prescription, dose changes
      - Satisfactory response
      - Continue therapy. Refill up to 12 months

    - Low initial dose if:
      - Age > 65 years
      - Renal/hepatic dysfunction
      - Concurrent use of CYP3A4 inhibitors, alpha-adrenergic blockers

    - Consider dose reduction, discontinuation, alternative therapy, and/or refer

    - Assess use
      - ≥4-6 attempts?
      - Increase dose

    - > 4-6 unsuccessful attempts at maximum dose
      - REFER