You have been prescribed **PAXLOVID™** to treat mild to moderate COVID-19

**PAXLOVID = nirmatrelvir** (an antiviral) + **ritonavir** (helps to boost the effect of nirmatrelvir)

### How do I take PAXLOVID?

PAXLOVID comes in a blister card for each day with a morning dose and an evening dose.

**You must take all the morning tablets at the same time and all the evening tablets at the same time.**

- **PAXLOVID needs to be started as soon as possible after symptoms start and must be taken for a total of 5 days in a row. Finish the entire 5 days even if you feel better.**

- **PAXLOVID is a set of pills that you swallow. PAXLOVID can be taken with or without food.**

**If you miss a dose:**
- If it has been **less than 8 hours** of when you should have taken the dose ➔ Take it as soon as you remember.
- If it has been **more than 8 hours** of when you should have taken the dose ➔ Skip the missed dose and take the next dose when it is time.

### Drug Interactions

PAXLOVID may interact with other medications (including herbal products, supplements, and recreational drugs) to cause serious side effects.

Acetaminophen, ibuprofen, naproxen, and dextromethorphan are safe to take with PAXLOVID if these medications are otherwise ok for you to take.

**Talk to your health care provider before taking anything new while taking PAXLOVID.**

### Side Effects

Side effects reported in studies of PAXLOVID have been mild. Side effects may include:
- altered sense of taste
- diarrhea, nausea, vomiting
- muscle aches
- increased blood pressure

It is possible that you may notice other side effects.

**Talk to your health care provider if you are worried about a side effect or notice side effects not listed here.**

- **feel worse while taking PAXLOVID**
- **do not start to feel better after 5 days of taking PAXLOVID**
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What does PAXLOVID do?
- stops coronavirus from multiplying, which helps your body to overcome the infection
- helps to keep COVID-19 from worsening
- prevents hospitalization and death in people that are at high risk for becoming very sick

PAXLOVID does not protect you from future infections and is not a substitute for vaccination.

We are still learning about other benefits of PAXLOVID, but it may help you to feel better faster. Other antiviral medications have been shown to shorten the duration of symptoms when taken as soon as possible after symptoms start.

We do not know if PAXLOVID will prevent transmission of COVID-19. You are still considered contagious while taking PAXLOVID. It is important to prevent the spread by staying at home and separating yourself from others in your household if possible. Follow public health orders for self-isolation.

PAXLOVID cautions and contraindications include:
- certain drug interactions
- people with kidney problems, liver problems, or HIV
- people who are pregnant, planning to become pregnant, or breastfeeding

Your prescriber will check to make sure the medication is safe for you to take — it is important that they know about your health and what drugs, supplements, and herbal products you’re taking.

Liver problems have happened in people taking ritonavir. Talk to your health care provider if you notice symptoms like yellowing of skin or whites of eyes, abdominal pain, skin rash, pale stool or dark urine, peeing less than usual, not able to pee, or worsening fever, tiredness, nausea.

You shouldn’t take PAXLOVID if you are allergic to any of the ingredients in PAXLOVID. If you have an allergic reaction to PAXLOVID (swollen lips/tongue, tightness in the throat, trouble breathing, wheezing, hives, low blood pressure, dizziness, or fainting), stop taking PAXLOVID, call 911 and get emergency medical help.

You can get a full list of ingredients here:
https://covid-vaccine.canada.ca/info/paxlovid-en.html

To report a side effect of PAXLOVID to Health Canada:

If you would like more information about PAXLOVID:
- Contact your health care provider — your doctor, nurse practitioner, or pharmacist can help answer questions.
- Contact HealthLine by dialing 811.
- Contact medSask, a drug information service in Saskatchewan at 1-800-665-3784.

Or check out these websites:
- Health Canada: https://covid-vaccine.canada.ca/paxlovid/product-details
- PAXLOVID website: https://www.covid19oralrx.com

REFERENCES: