Onychomycosis

Patient Factors
- Less than 18 years of age
- Pregnant, lactating

Medical History
- Comorbidities: diabetes, peripheral vascular disease, immunocompromised (drug or disease)

Medication History
- Possible drug-induced effect: see guideline for list of drugs

Symptoms
- Distal disease (lancula involvement)
- Onycholysis
- > 50% involvement of nail
- Unable to confirm OM diagnosis
- Several nails affected

General measure to prevent recurrences AND
- OTC: Propylene glycol/urea/lactic acid
- Rx: Efinaconazole 10% solution

Follow up with patient in 8 weeks

Symptoms responding
- Continue treatment until symptoms resolved or up to 48 weeks of therapy

If using efinaconazole, stop treatment and refer to MD

No improvement or worsening symptoms

If using OTC product, prescribe efinaconazole and follow-up in 8 weeks as above.