

# PUBLIC HEALTH TOOL KIT

- Public health offices are located across the province.
- Call 6 weeks in advance to book your appointment (exception is drop-in clinic locations and times)
- If you are unable to attend, please let the office know as soon as possible.
- \*Arrive 10 minutes early for your appointment to fill out forms. Allow 30 minutes for your child's first appointment
- Clinics are not open during stat holidays.
- Call drop in clinics before arriving to ensure clinic is open. If the drop in clinic is very busy, people may have to be turned away. Arrive as early in the clinic time as you are able. School-aged immunizations and adult Tdap provided at drop-in locations

Find contact info for the office in your area:

<b>Buffalo Narrows</b> Box 40 Buffalo Narrows, Sk. S0M 0J0	306-235-5800	
<b>Beauval</b> Box 68 Beauval, Sask S0M 0G	306-288-4880 Fax: 306-288-2225	
<b>Green Lake</b> Box 129 Green Lake, Sask., S0M 1B0	306-235-2220	
<b>La Loche Health Centre</b> Bag Service #1 La Loche, Sask., S0M 1G0	306-822-3200	
<b>Ile a la Crosse</b> Community Services Box 340 Ile a la Crosse, Sask.,S0M 1C0	306-833-5500	
<b>La Ronge</b> 227 Backlund Street La Ronge, SK. S0J 1L0	306-425-8500 Travel Health: 306-425-2422	Mon- Friday 8:00am – 12:00pm & 1:00pm – 5:00 pm
<b>Creighton</b> 298 - 1st Street East Creighton, SK. S0P 0A0	306-688-8620	Mon-Friday 8:00am – 12:00pm & 1:00pm – 5:00 pm
<b>Pinehouse</b> Office of Sask Environment Box 70 Pinehouse, SK. S0J 2B0	306-884-5670	Mon-Friday 8:00am – 12:00pm & 1:00pm – 5:00 pm
<b>Sandy Bay</b> Sandy Bay Health Center; south of Sandy Bay airport Sandy Bay, SK S0P 0G0	306-754-5400	Mon-Friday 8:00am – 12:00pm & 1:00pm – 5:00 pm
<b>Weyakwin</b> Office of Sask Environment	306-663-6100	

Weyakwin, SK. S0J 1W0		
<b>Cumberland House</b> 2nd Avenue Cumberland House, SK S0E 0S0	306-888-2244 Fax: 306-888-2269	
<b>Hudson Bay</b> 614 Prince Street Hudson Bay, SK S0E 0Y0	306-865-5630 Fax: 306-865-3425	
<b>Kelvington</b> 701-6th Avenue West Kelvington, SK S0A 1W0	306-327-5515 Fax: 306-327-4741	
<b>Melfort</b> 107 Crawford Avenue East Melfort, SK S0E 1A0	306-752-6310 Fax: 306-752-6353	
<b>Nipawin</b> 210 - 2nd Street West Nipawin, SK S0E 1E0	306-862-7230 Fax: 306-862-0763	
<b>Tisdale</b> 600-110th Ave Tisdale, SK S0E 1T0	306-873-8282 Fax: 306-873-2168 Travel Clinic: 306-873-3615	International Travel Clinic: recommended to make first appointment a minimum of 2 months prior to departure
<b>Moose Jaw</b>	306-691-1500	
<b>Assiniboia/ Kincaid</b> Red Coat Primary Health Care Clinic 131-3rd Ave W	306-642-4454 Fax: 306-642-5949	Monday to Friday 9:00am - 12:00pm & 1:00 - 5:00pm
<b>Craik</b> 620 Mary Street Craik, SK S0G 0V0	306-734-2288	3 <sup>rd</sup> Wed of the month 9:00-3:30pm
<b>Gravelbourg/ Kincaid</b>	306-648-1400	
<b>Mossbank</b> Primary Health Center	306-642-2200	
<b>Rockglen</b> Grasslands Health Center	306-476-2209	2 <sup>nd</sup> Tues each month 9:30-3:30pm
<b>Edam</b> Lady Minto Health Care Center 1513 1st Avenue South Edam, Sk S0M 0V0	306-397-2334	<u>For appointments call:</u> 8:30 a.m. - 4:30 p.m. Monday to Friday
<b>Glaslyn</b> 172 Main Street Glaslyn, Sk	306-342-2144	8:30 a.m. - 4:30 p.m. Tuesday and Thursday
<b>Cut Knife</b> 102 Dion Ave Cut Knife, Sk S0M 0N0	306-398-4977	
<b>Lloydminster</b> Prairie North Plaza #101 - 4910 - 50 Street Lloydminster, SK	306-820-6225	Appointments can be scheduled during regular business hours, Monday - Friday

<b>North Battleford</b> Primary Health Centre Suite 101, 11427 Railway Ave (Frontier Mall) North Battleford, SK	306-446-6400 Child Health: 306-446-8635	Same Day Appointment Clinics every Tuesday and Thursday.
<b>Meadow Lake</b> Northwest Health Facility #9 - 711 Centre Street Meadow Lake, Sk	306-236-1570	<u>Drop-in</u> Every Friday from 1-3 pm <u>Appointments available</u> Tuesdays and Wednesdays
<b>Goodsoil</b> L. Gervais Memorial Health Center 100 - 1st Avenue North Goodsoil, Sk S0M 1A0	306-236-1570	
<b>Loon Lake</b> Loon Lake Health Center 510 2nd Ave Loon Lake, Sk S0M 1L0	306-236-1570	
<b>Pierceland</b> 173 - 1st Street West Pierceland, Sk S0M 2K0	306-236-1570	
<b>Maidstone</b> 214 - 5th Ave East Maidstone, Sk S0M 1M0	306-893-2622	
<b>Manitou</b> 105 - 2nd Ave West Neilburg, Sk S0M 2C0	306-823-4262	
<b>Marshall</b> School - 1st Street East Marshall, Sk S0M 1R0	306-823-3450 109	
<b>Turtleford</b> Riverside Health Complex 1st Street South Turtleford, Sk S0M 2Y0	306-845-3768 306-845-2277	Monday to Friday: 8:30 am - 4:30 pm
<b>St. Walburg</b> St. Walburg Health Complex 410 – 3rd Ave West	306-845-3768 306-248-3434	Monday to Friday: 8:30 am - 4:30 pm
<b>Paradise Hill</b>	306-845-3768	
<b>Prince Albert</b> 2nd Floor LF McIntosh Building, 800 Central Avenue Box 3003 Prince Albert, SK S6V 6G1	306-765-6500 Travel Health: 306-765-6506	<u>Call for appointment</u> Mon, Tues, Wed Late Thursday (3:15-6pm) <u>Travel Health</u> Monday to Friday: 8:00 am – 12 pm and 1:00pm – 5:00 pm <u>Drop In</u> Thursdays and Fridays 8:30am – 12 pm and 1:00pm-4:30pm
King George Community School	306-765-6510	<u>Call for appointment</u>

421 23 <sup>rd</sup> St East		Tuesday Morning <u>Drop In</u> Tuesday 12:30pm-3:00pm
Bernice Sayes Center 1350 15 <sup>th</sup> Ave West	306-765-6510	<u>Call for appointment</u> 1 <sup>st</sup> Thursday of the month <u>Drop In</u> Wednesday 10:00am 4:00pm Open through lunch
<b>Big River</b> Public Health Office	306-469-2505	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday 9:00am – 12:00pm 1:00pm – 4:15 pm
<b>Debden</b> Community Center Home Care Office	306-469-2505	1 <sup>st</sup> Thursday 9:30am – 12:00pm 1:00-3:00pm
<b>Canwood</b> Canwood Community Clinic	306-469-2505	3 <sup>rd</sup> Thursday 10:00am – 12:00pm 1:00pm – 3:00pm
<b>Birch Hills</b> Birch Hills Health Center	306-765-6510	1 <sup>st</sup> Tuesday all day 3 <sup>rd</sup> Tuesday PM
<b>Christopher Lake</b> Lakeland Daycare	306-765-6510	4 <sup>th</sup> Monday PM
<b>Kinistino</b> Kinistino Health Center	306-765-6510	4 <sup>th</sup> Tuesday all day
<b>St Louis</b> St Louis School (during school calendar)	306-765-6510	2 <sup>nd</sup> Monday AM
<b>Shellbrooke</b> Parkland Integrated Health Center	306-747-6828 306-747-6827	1 <sup>st</sup> / 3 <sup>rd</sup> / 5 <sup>th</sup> Wednesday 9:00 am – 12:00 pm & 1:00 – 4:00 pm
<b>Leask</b> Leask Health Center	306-747-6828 306-747-6827	1 <sup>st</sup> Thursday 10:30am – 2:00pm
<b>Blaine Lake</b> Medical Clinic	306-747-6828 306-747-6827	3 <sup>rd</sup> Thursday 10:30am – 2:00pm
<b>Hafford</b> Hafford Health Center	306-747-6828 306-747-6827	2 <sup>nd</sup> and 4 <sup>th</sup> Thursday 10:30am – 2:30pm
<b>Leoville, Mayfair, Medstead, Rabbit Lake</b>	306-883-4470	Call for appointments
<b>Shell Lake</b>	306-883-4470	1 <sup>st</sup> Wed AM
<b>Spiritwood</b>	306-883-4470	2 <sup>nd</sup> Thursday 4 <sup>th</sup> Wednesday
<b>Regina</b>	Public Health Inquiries: 306-766-7777 Immunization Inquiries: 306-766-7904	
South/East Network 1911 Park Street	306-766-7500 (press 2)	<u>By appointment only:</u>

Regina SK		Tuesday, Wednesday, Thursday: 8 am - 8 pm Monday, Friday, Saturday: 8 am - 4:30 pm
North Network 204 Wascana Street Regina SK	306-766-7500 (press 1)	<u>By appointment only:</u> Monday, Friday, Saturday : 8 am - 4:30 pm Tuesday, Wednesday, Thursday: 8 am - 8 pm
Central Network 1080 Winnipeg Street Regina Saskatchewan S4R 8P8	306-766-7500 (press 3)	Monday to Friday, 8:00 am to 4:30 pm
Four Directions Community Health Centre 1504 Albert Street Regina Saskatchewan S4P 2S4	306-766-0200	Monday - Friday: 8 am- 4:30 pm <u>No appointment necessary for Childhood Immunization</u> Hours: 12:45 pm - 3:45 pm
<b>Bethune, Cupar, Holdfast, Imperial, Lumsden, Regina Beach, and Southey</b>	306-766-7500 (press 1)	
<b>Balgonie, Francis, Kronau, Milestone, Odessa, Pense, Pilot Butte, Vibank, and White City</b>	306-766-7500 (press 2)	
<b>Fort Qu'Appelle</b>	306-332-3300	
<b>Indian Head</b>	306-695-4014	
<b>Grenfell</b>	306-697-4040	
<b>Whitewood</b>	306-435-6279	
<b>Moosomin</b>	306-435-6279	
<b>Rosetown</b> Highway #4 North Box 1300 Rosetown, SK S0L 2V	306-882-2672 Ext 3/ Option 3	
<b>Beechy</b> 226 1st Avenue North Beechy, SK S0L 0C0	306-859-2118	
<b>Biggar</b> 501 – 1st Avenue West Biggar, SK S0K 0M0	306-948-3323	
<b>Davidson</b> 900 Government Road Davidson, SK S0G 1A0	306-567-2300	
<b>Dinsmore Health Care Centre</b> Box 219 207 – 1st Street East Dinsmore, SK S0L 0T0	306-846-2222	
<b>Eastonia Primary Health Care Clinic</b>	306-967-2591	

Box 400 205 – 2nd Avenue West Eatonia, SK S0L 0Y0		
<b>Kerrobert</b> 635 Alberta Avenue Kerrobert, SK S0L 1R0	306-834-2646 Ext 251	
<b>Kindersley</b> 1003-1st Street West Kindersley, SK S0L 1S0	306-463-1000 Ext 201	
<b>Outlook</b> 500 Semple Street Outlook, SK S0L 2N0	306-867-8676	
<b>Unity</b> Airport Rd Box 741 Unity, SK S0K 4	306-228-2666	
<b>Saskatoon</b> Idylwyld Centre - Main Office #101–310 Idylwyld Drive North Saskatoon SK S7L 0Z2	Public Health Inquiries: 306-655-4620 Immunization Inquiries: 306-655-4615	
Our Neighbourhood Health Centre 1120 20th Street West Saskatoon SK S7M 0Y8	306-655-3250	<u>For appointments call</u> Mon –Thursday 8:00 am - 4:30 pm <u>Drop In</u> Tuesdays 1:00-4:00 pm
West Winds Primary Health Centre 3311 Fairlight Drive Saskatoon SK S7M 3Y5	306-655-4275 Toll Free: 1-855-295-9166	<u>For appointments call</u> Mon - Friday 8:00 am - 4:30 pm <u>Drop In</u> Fridays 1:00-4:00 pm Saturdays 9:00 am-12:00 pm
North East #108–407 Ludlow Street Saskatoon SK S7S 1P3	Child Health: 306-655-4700 Adult Immunization: 306-655-4780 International Travel: 306-655-4780	<u>For appointments call</u> Mon -Friday 8:00 am - 4:30 pm <u>Drop In</u> 3rd Thursday of the month 1:00-7:00 pm <u>Adult Drop In</u> 4th Thursday of the month 12:00-7:00 pm o Tetanus, Diphtheria, Pertussis and Measles, Mumps & Rubella at no cost o Hepatitis A, B and Typhoid for purchase

South East 3006 Taylor Street East Saskatoon SK S7H 4J2	306-655-4730 Toll Free: 1-855-613-8216	<u>For appointments call</u> Mon -Friday 8:00 am - 4:30 pm <u>Drop In</u> 2nd Thursday of the month 1:00-7:00 pm 4th Friday of the month 1:00-4:00 pm
Pinehouse 7th Day Adventist Church 327 Pinehouse Drive	306-655-4700	<u>Call for appointment</u>
Pleasant Hill School 215 Avenue S South		<u>Drop In</u> Mondays 1:00-4:00 p.m. No Clinic on Stats.
Souris Hall 105 Cumberland Avenue South	306-655-4730	<u>For residents of Souris Hall, call for appointment</u>
Westmount School 411 Ave J North		<u>Drop In</u> 2nd & 4th Friday 12:45- 3:45 pm
White Buffalo Youth Lodge 602 20th Street West		<u>Drop In</u> Wednesdays 1:00-4:00 pm
W.P. Bate School 2515 18th Street West		<u>Drop In</u> Thursdays 1:00-4:00 pm July & August 1:00-3:30 pm
<b>Asquith</b> Town Office	306-655-4275	1st Wednesday of the month
<b>Allan</b> Parkland Hall	1-877-817-9336	3rd Thursday of the month & every other first Thursday of the month (Feb, April, June, August, October, December)
<b>Clavet</b> Community Hall	306-655-4730	1st Tuesday of the month
<b>Colonsay</b> Community Hall	306-946-2102 Toll Free: 1-877-817-9336	2nd Wednesday of the month
<b>Cudworth</b> Cudworth Health Centre	306-232-6001 Toll Free: 1-888-301-4636	2nd Tuesday of even months (February, April, June, August, October , December)
<b>Dalmeny</b> Bible Church	306-655-4700	2nd Wednesday of the month
<b>Delisle</b> Primary Health Centre	306-655-4275	1st and 3rd Thursdays of the month

<b>Dundurn</b> Community Hall	306-655-4730	1st & 3rd Thursday of the month
<b>Duck Lake</b> Stobart Community School (Room 108)	306-232-6001 Toll Free: 1-888-301-4636	Wednesdays 1:00-4:00 (Drop In)
<b>Hague</b> Medical Clinic	306-232-6001 Toll Free: 1-888-301-4636	1st and 3rd Wednesday of the month
<b>Hanley</b> Community Centre	306-655-4730 Toll Free: 1-855-613-8216	Tuesdays: July 9, September 10, November 12
<b>Hepburn</b> Mennonite Brethren Church	306-232-6001 Toll Free: 1-888-301-4636	2nd Tuesday of odd months (January, March, May, July, September, November)
<b>Humboldt</b> Humboldt District Health Complex 515 14th Avenue Box 1930 Humboldt SK S0K 2A0	306-682-2626 Toll Free: 1-855-613-8205	Wednesdays and Thursdays 2nd Friday of the month
<b>Lanigan</b> Lanigan Hospital	306-946-2102 Toll Free: 1-877-817-9336	2nd and 4th Tuesday of the month
<b>Langham</b> Evangelical Bible Church	306-655-4700	1st Thursday of the month
<b>Martensville</b> Civic Centre	306-655-4700	Tuesdays, Wednesdays and Thursdays
<b>Oster</b> Mission Chapel	306-232-6001 Toll Free: 1-888-301-4636	2nd and 4th Wednesday of the month
<b>Quill Lake</b> Health Centre	306-338-2538 Toll Free: 1-855-338-9944	2nd Thursday of the month
<b>Radisson</b> Radisson Town Office	306-655-4275 Toll Free: 1-855-295-9166	3rd Tuesday every other month
<b>Wadena</b> 433 5th Street NE Box 10 Wadena SK S0A 4J0	306-338-2538 Toll Free: 185-338-9994	1st & 3rd Thursday of the month
<b>Waldheim</b> Medical Clinic	306-232-6001 Toll Free: 1-888-301-4636	3rd Tuesday of the month
<b>Wynyard</b> 300 10th Street E Box 670 Wynyard SK S0A 4T0	306-554-3335	1st and 3rd Wednesday of the month
<b>Watson</b> Health Centre Board Room	306-338-2538 Toll Free: 1-855-338-9944	2nd & 4th Wednesday of the month
<b>Warman</b> Brian King Centre	306-655-4700	Tuesdays, Wednesdays and Thursdays
<b>Sunset Estates</b> Sunset Estates Community Hall	306-655-4730	3rd Tuesday of the month



<b>Rosthern</b> 2014 6th Street Box 216 Rosthern SK S0K 3R0	306-232-6001 Toll Free: 1-888-301-4636	2nd and 4th Monday of the month & 1st and 3rd Tuesday of the month
<b>Strasbourg</b> Health Centre	306-946-2102 Toll Free: 1-877-817-9336	1st & 3rd Tuesday of the month
<b>Watrous</b> 704 4th Street Box 130 Watrous SK S0K 4T0	306-946-2102 Toll Free: 1-877-817-9336	1st and 3rd Wednesday of the month
<b>Stony Rapids</b>	306-439-2200	
<b>Black Lake, Fond du Lac, Uranium City, Camsell Portage, Hatchet Lake</b>	306-439-2200	
<b>Swift Current</b>	306-778-5280 Toll Free: 1-800-786-2510	<u>Call for appointment</u> <u>Drop in for Preschoolers</u> Mondays 8:30am -11am and 1:30pm to 4pm.
<b>Burnstall, Cabri, Climax, Eastend, Fox Valley, Gull Lake, Herbert, Leader, Maple Creek, Ponteix, Shaunavon, Val Marie, Vanguard</b>	306-778-5280 Toll Free: 1-800-786-2510	<u>Call for appointment</u>
<b>Weyburn</b>	306-842-8618 306-842-8790	Monday - Thursday 9:00 am – 7:00 pm Friday 9:00 am- 5:00 pm
<b>Carlyle</b>	306-453-6131	Monday – Friday 9:00 am – 5:00 pm
<b>Coronach</b>	306-267-5705	Wednesday & Thursdays 8:00 am – 4:30 pm
<b>Estevan</b>	306-637-3626	Monday – Friday 9:00am – 5:00pm
<b>Kipling</b>	306-736-2522	Monday – Friday 9:00 am – 5:00 pm
<b>Lampman</b>	306-487-2562	Thursday 9:00am – 4:00pm
<b>Mayfield</b>	306-646-2113	Mon 9:00am – 5:00 pm Tues/ Fri 1:00 pm – 5:00 pm Wednesday/ Thursday 9:00 am – 1:00 pm
<b>Midale</b>	306-458-2300	Monday 9:00am – 2:00pm Tuesday 10:00am- 1:00pm
<b>Oxbow</b>	306-483-2313	
<b>Radville</b>	306-869-2555	Mon- Friday 9:00 am - 5:30 pm
<b>Bengough</b>	306-869-3111	Monday 9 am - 5 pm Tuesday 8:30 am-4:30 pm
<b>Redvers</b>	306-452-3464	

<b>Weyburn</b>	306-842-8618	
<b>Canora, Esterhazy, Foam Lake, Kamsack, Langenburg, Melville, Norquay, Preeceville and Yorkton</b>	306-786-0060 Travel Health: 306-786-0600	

*Note: all phone numbers and clinic hours are subject to change and should be verified before notifying patient.*