**TOBACCO CESSATION PRESCRIBING ALGORITHM**

1. **Desire to quit smoking / using tobacco**
   - Assess patient factors and history

2. **Under 18 years old**
   - Pregnant or breastfeeding
   - History of suicidal ideation / attempts
   - Unstable psychiatric condition
   - Unstable cardiovascular condition

3. **MEDICAL CONSULT / REFERRAL**
   - Offer pharmacotherapy ± counseling (eg. PACT)

4. **Full response**
   - Finish course of therapy
   - Follow up at 12 weeks

5. **Partial Response**
   - Assess adherence
   - Adjust dose
   - Tailor counseling
   - Continue and set new quit date

6. **No Response**
   - Consider combination therapy:
     - two forms of NRT, or
     - varenicline + NRT
   - Consider referral to MD/NP

7. **Inadequate response**
   - Consider referral

8. **Assess patient factors and history**
   - Does the patient smoke ≥ 10 cigarettes per day?

   - **NO**
     - Offer counseling (eg PACT program) and cold turkey or “reduce to quit”

   - **YES**
     - Offer pharmacotherapy ± counseling (eg. PACT)

   - **Pt prefers pharmacotherapy**
     - Has the patient tried NRT before and/or prefers other treatments?

   - **NO**
     - Begin nicotine replacement therapy (NRT)

   - **YES**
     - Prescribe varenicline or bupropion SR

   - Follow up at quit date