

# **Quinagolide Discontinuation**

## **Background**

Quinagolide (Norprolac®) has been discontinued by the manufacturer.1

Table 1: Canadian Suppliers of Quinagolide<sup>2</sup>

Product	Strength	DIN	Manufacturer
Norprolac®	0.075 mg	02223767	FEI
	0.15 mg	02223775	FEI

### Health Canada approved indications of quinagolide<sup>3</sup>:

• treatment of hyperprolactinemia (idiopathic or originating from a prolactin-secreting pituitary microadenoma or macroadenoma)

#### **Management Options**

Hyperprolactinemia:

### Pharmacological Alternatives

A systematic review of the literature revealed improved outcomes of hyperprolactinemia following treatment with dopamine agonists. Such improvements included: resolution of visual field defects in about 67%; resolution of amenorrhea in about 78%; resolution of infertility in about 53%; resolution of galactorrhea in about 86%; reduction in tumour size in about 62%; improvement in sexual function in about 67%.<sup>4</sup>

- Cabergoline (Dostinex®) 0.5mg tablet
  - Cabergoline is the preferred dopamine agonist for treatment of hyperprolactinemia due to higher frequency of pituitary tumor shrinkage, greater efficacy in normalizing prolactin levels and fewer adverse effects particularly nausea.<sup>5,6</sup>
  - Comparative studies with quinagolide have shown similar efficacy with similar effects on serum prolactin and adenoma size.<sup>6</sup>
  - Dosing in adults<sup>5</sup>:
    - initial dose 0.25 mg orally twice weekly
    - increase by 0.25 mg orally twice weekly at 4-week interval based on serum prolactin levels up to 1 mg twice weekly
    - usual dose range is 0.25-3 mg/week (divided once or twice weekly), but up to 11 mg/week may be required
  - Common adverse effects (less common than with bromocriptine and quinagolide) include nausea,
    vomiting, headache, dizziness, fatigue, anxiety, depression.<sup>5</sup>
- Bromocriptine 2.5 mg oral tablet
  - o Less effective and less well tolerated than cabergoline.<sup>5,6</sup>
  - o Dosing<sup>5</sup>: Administer once daily at bedtime with a snack.
    - Adults
      - initial dose 1.25-2.5 mg/day orally
      - increase by 2.5 mg every 2-7 days based on serum prolactin
      - usual dose range 2.5-15 mg/day
    - Children ≥ 11 years old
      - initial dose 1.25-2.5 mg/day orally

- increase as tolerated until therapeutic response achieved
- usual dose range 2.5-10 mg/day
- Common adverse effects include headache, fatigue, dizziness, nausea, and other gastrointestinal symptoms.<sup>5</sup>
  - Symptomatic hypotension may occur during first few days of treatment.<sup>5</sup>

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